

Team Fort Lauderdale Board Meeting via Zoom 12/14/2022

Bob, Cynthia, Valerie, Daniel, Jen, Laura, Katie

Treasurer's Report – We are in excellent standing. The Board voted to add Laura Montanaro, our treasurer, as signatory with TD Bank.

Secretary – October minutes were approved by the Board.

Membership – Our membership has been increasing and we are up to 169+ active members at this time.

Track Workouts – Brett is continuing to send out the track workouts weekly via email on Mondays and there is a group of runners meeting on Tuesdays @ Cardinal Gibbons High School. **The track is available 5:00pm-7:30pm. **please note that for the month of December the club is meeting @ Pompano Air Park due to schedule conflict with Cardinal Gibbons soccer games. Please stay tuned to our What's App for updates on where to meet each Tuesday.**

Social Media – Laura is doing a great job posting on Facebook keeping our followers updated. Kris & Eduardo have joined our social media team and have been collaborating and contributing with motivational messages on our social media. We are grateful for their valuable input. We love the “motivational Mondays” posts on Instagram!!

Instagram - Katie is doing a great job keeping our Instagram followers updated. She will continue to post finish line pictures immediately after race events. Katie has been incorporating new features from Instagram in stories with effects to gain more interest. Katie is requesting that everyone use the following hashtags to create more exposure...**#teamfortlauderdale, #teamftlauderdale, #teamftl, #funrun, #GFLRRClub and #GFLRRC.**

Thank you Eduardo for your input as well!

E- News – Jen is doing an amazing job with our E-News. We currently have almost 6,000 on our email list! Please contact us if you would like to be added to our subscription list to stay in the loop with all of our Club events! Jen is rotating pictures in our E-News so be on a lookout...you might be in the next one! Prime IV will be added as a contributing sponsor of our events.

Volunteer Coordinator – this position is still open. If interested please contact Cynthia! There will be an opportunity for St. Thomas Aquinas students to sign up to volunteer at our race events that will be posted on a site accessible to students.

Gobble Gobble 5K/10K – was on Saturday, November 19th @ Pompano Air Park @ 7am. There were 139 participants that received medal and snack bags and a t-shirt. Everyone had a great time and it was a beautiful day.

Jingle Bell jog 5K/10K – was on Saturday, December 3rd @ Pompano Air Park @ 7am. There were 230 participants that received medal and snack bags and a t-shirt. It was a wonderful kick off to the holiday season!

Resolution 5K/10K – Join us at our annual New Year's Day race event @ 9am @ Lauderdale Beach Park. What a great way to kick off the NEW YEAR and make new commitments to fitness and friendship!

Misc. – Elections will be held at our annual Holiday Party. Please contact Cynthia if you are interesting in volunteering your time.

Please see attached "SET UP & BREAKDOWN" chart for all of our races provided by Laura Montanaro...THANK YOU LAURA!!!

Team Fort Lauderdale Holiday Party will be on Saturday, December 17th, 5pm-9-pm

****Please arrive @ 3:30 if you would like to volunteer to help set up****

The theme is "Holidays in the Tropics."

Please bring an appetizer or dessert to share. Pizza, salad and beverages will be provided. Contact Cynthia for address and if you have any questions.