

Team Fort Lauderdale Board Meeting via Zoom 09/14/2022

Bob, Cynthia, Valerie, Daniel, Laura, Jen, Julie, Katie

Treasurer's Report – We are in excellent standing. Lesley has resigned as Club Treasurer and Laura Montanaro, will assume that position effective immediately. Thank you Laura!

Secretary – August minutes were approved by the Board.

Membership – Our membership has been increasing and we are up to 167+ active members at this time.

Track Workouts – Brett is continuing to send out the track workouts weekly via email on Mondays and there is a group of runners meeting on Tuesdays @ Cardinal Gibbons High School. The track is available 5:00pm-7:30pm.

Social Media – Laura is doing a great job posting on Facebook keeping our followers updated. Kris & Eduardo have joined our social media team and have been collaborating and contributing with motivational messages on our social media. We are grateful for their valuable input.

Instagram - Katie is doing a great job keeping our Instagram followers updated. She will continue to post finish line pictures immediately after race events. Katie is requesting that everyone use the following hashtags to create more exposure...**#teamfortlauderdale, #teamftlauderdale, #teamftl, #funrun, #GFLRRClub and #GFLRRC.**

E- News – Jen is doing an amazing job with our E-News. We currently have almost 6,000 on our email list! Please contact us if you would like to be added to our subscription list to stay in the loop with all of our Club events!

Volunteer Coordinator – this position is still open. If interested please contact Cynthia! There will be an opportunity for St. Thomas Aquinas students to sign up to volunteer at our race events that will be posted on a site accessible to students.

Back to School 5K/10K – was held on August 27th @ 7am @ Pompano Air Park. Each participant received a club t-shirt, Finisher Medal and signature bib. There were 120 participants who ran/walked the reversed course (due to construction) and they provided great feedback.

Celebration 5K/10K – will be on Saturday, Sept 17th at 7am @ Lauderdale Beach Park. This event will be a celebration of Team Fort Lauderdale's 50 -year anniversary. Members \$10/Non-members \$20. There will be a Fitness Expo with ICryo and other vendors. Fun Fact: 9/17 is actual day of when club started!

Misc. – There was discussion about having a monthly social for members on a weekend evening. Stay tuned for more info.

SAVE THE DATE: Team Fort Lauderdale's Holiday Party will be on Sunday, December 17th! Stay tuned for details.